Weekly Emotions Tracking Graph

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Above this	*line we are*	*prideful*		
_ _ _ _	_ _ _ _	_ _ _ _	_ _ _ _	_ _ _ _	_ _ _ _	_ _ _ _
			SAFE ZONE			
_ _ _ _	_ _ _ _	_ _ _ _	_ _ _ _	_ _ _ _	_ _ _ _	_ _ _ _
	Below this	*line is a*	*sense of*	*hopeless*	*ness*	